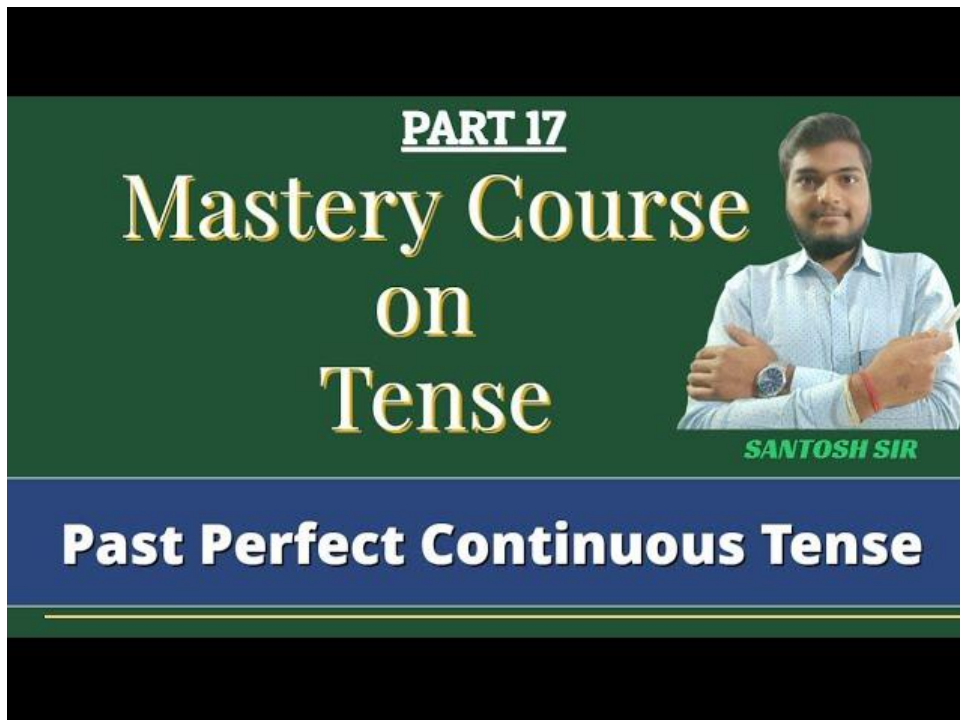


**Namaste English
Mastery Course on Tenses
By Santosh Sir**

Introduction to the course

1. You will get thorough knowledge of Tenses from Zero to Advanced level.
2. You will be able to form sentences in English and will be able to speak too.
3. Your spoken as well as written part will improve.
4. Your Written English part will be rhetoric.
5. These classes will help in your Competitions exam too.

Tense Day 17





Past Perfect Continuous

Recognition (पहचान) :-

Past Perfect Continuous Tense की क्रिया से बीते हुए समय में कार्य जारी रहने का बोध होता है | इस tense के वाक्यों में कार्य जारी रहने का समय दिया होता है | इस tense के हिन्दी वाक्यों के अन्त में रहा था, रही थी, रहे थे आदि शब्द आते हैं जैसे --

मैं एक घण्टे से अपनी किताब पढ रहा था |

राधा सोमवार से स्कूल जा रही थी |

इन वाक्यों का अनुवाद करते समय निश्चित समय के लिए since तथा अनिश्चित समय के लिए for का प्रयोग करते हैं |

निश्चित समय (point of time) दिखाने के लिए since का use करते हैं
जैसे -- since 10 o'clock, since monday, since morning, since 1980
etc. समय की अवधि (period of time) दर्शाने के लिये for का use करते हैं
जैसे -- for two years, for three days, for one month, for two hours
etc.

Past Perfect Continuous Tense (Hindi to English)

Affirmative Sentences :-

- 1- वह दो घन्टे से स्टेज पर गाना गा रही थी ।
- 2- हम सोमवार से सकूल जा रहे थे ।
- 3- वे दोनों भाई दो घन्टे से अपने खेत में पानी दे रहे थे ।
- 4- मैं सुबह से पार्क में टहलता रहा था ।
- 5- वह लडकी सन् 1995 से इस शहर में रह रही थी ।
- 6- शाहिद सोमवार से कठिन परिश्रम कर रहा था ।
- 7- वे एक घन्टे से स्टेशन पर आपकी प्रतीक्षा कर रहे थे ।



8- तुम अपना पाठ सुबह से याद कर रहे थे ।

Formula :

Subject + had been + verb(ing form) + object(यदि हो) + since/for

+ time

Translation :-

- 1- She had been singing song for two hours.
- 2- We had been going to school since monday.
- 3- Those two brothers had been watering their field for two hours.
- 4- I had been walking in the park since morning.
- 5- That girl had been living in this city since 1995.
- 6- Shahid had been working hard since monday.
- 7- They had been waiting for you on the station for one hour.
- 8- You had been learning your lesson since morning.

Past Perfect Continuous Tense (Hindi to English)

Negative Sentences :-

- 1- मोहन दो घन्टे से अपनी किताब नहीं पढ रहा था ।
- 2- तुम्हारा भाई दो घन्टे से इस कमरे में नहीं सो रहा था ।
- 3- प्रधान मंत्री जी एक घन्टे से स्टेज पर भाषण नहीं दे रहे थे ।



- 4- वह उस स्कूल में सन् 2012 से नहीं पढ़ रहा था ।
- 5- मेरे पिताजी दस मिनट से अखबार नहीं पढ़ रहे थे ।
- 6- इस गली में एक घन्टे से बच्चे शोर नहीं मचा रहे थे ।
- 7- इस कमरे में मास्टरजी दस बजे से अँग्रेज़ी नहीं पढ़ा रहे थे ।
- 8- लड़के मैदान में एक घन्टे से क्रिकेट नहीं खेल रहे थे ।

Formula :-

Subject + had + not + been + verb(ing form) + object + since/for +
time

Translation :-

- 1- Mohan had not been reading his book for two hours.
- 2- Your brother had not been sleeping in this room for two hours.
- 3- The prime minister had not been delivering speech on the stage for one hour.
- 4- He had not been studying in that school since 2012.



- 5- My father had not been reading the newspaper for ten minutes.
- 6- The children had not been making a noise in this street for one hour.
- 7- The teacher had not been teaching english in this room since 10 o'clock.
- 8- The boys had not been playing cricket in the ground for one hour.

Past Perfect Continuous Tense (Hindi to English)

Interrogative Sentences (जब वाक्य के शुरू में "क्या" हो)

- 1- क्या तुम्हारी बहन सुबह से इस कमरे की सफाई कर रही थी ?
- 2- क्या सूरज एक घन्टे से आकाश में चमक रहा था ?
- 3- क्या पुलिस दो घन्टे से चोर का पीछा कर रही थी ?
- 4- क्या तुम कई घन्टे से इसी कमरे में सो रहे थे ?
- 5- क्या वह सुबह से घर की सफाई कर रही थी ?
- 6- क्या वे दो दिनों से ट्रेन में यात्रा कर रहे थे ?
- 7- क्या पुष्पा दस बजे से निबंध लिख रही थी ?



8- क्या ये लडकियाँ सोमवार से अँग्रेज़ी सीख रही थीं ?

Formula :-

Had + subject + been + verb(ing form) + object + since/for + time

Translation :-

- 1- Had your sister been cleaning this room since morning ?
- 2- Had the sun been shining in the sky for one hour ?
- 3- Had the police been running after the thief for two hours ?
- 4- Had you been sleeping in this room for many hours ?
- 5- Had he been cleaning the house since morning ?
- 6- Had they been traveling in the train for two days ?
- 7- Had Pushpa been writing essay since 10 o'clock ?
- 8- Had these girls been learning english since monday ?

Past Perfect Continuous Tense (Hindi to English)

Interrogative Sentences (जब वाक्य के बीच में question हो)

- 1- तुम पिछले हफ्ते से वहां क्या कर रहे थे ?
- 2- उसे दस मिनट से कौन बुला रहा था ?
- 3- रजिया को छः महीने से इंग्लिश कौन पढा रहा था ?



- 4- तुम एक घन्टे से कौन सी फिल्म देख रहे थे ?
- 5- छः महीने से इस बच्चे की देखभाल कौन कर रहा था ?
- 6- वह दस बजे से कहां सो रहा था ?
- 7- दस मिनट से दरवाजा कौन खटखटा रहा था ?
- 8- वे एक घन्टे से इस पेड के नीचे क्या कर रहे थे ?

Formula :-

Question + had + subject + been + verb(ing form) + object +
since/for + time

Translation :-

- 1- What had you been doing there since last week ?
- 2- Who had been calling him for ten minutes ?
- 3- Who had been teaching english to Razia for six months ?
- 4- Which film had you been watching for one hour ?
- 5- Who had been caring of this child for six months ?
- 6- Where had he been sleeping since 10 o'clock ?
- 7- Who had been knocking the door for ten minutes ?

8- What had they been doing under this tree for one hour ?

About the Instructor

Santosh Sen (B.Ed. in English, University of Delhi)

Santosh Sir has wide teaching experience of more than 5 years in English Language and Literature. He is an ex-faculty of Exam Mitra Institute, Delhi. Students have known him as a teacher who makes English Learning easy by his short methods and tricks.

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